

# Secure Coding Training & Awareness

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## Why is training in secure coding important?





Increased pressure to deliver faster to stay competitive

Deploying 1-2 times a year vs mulitple times in a week

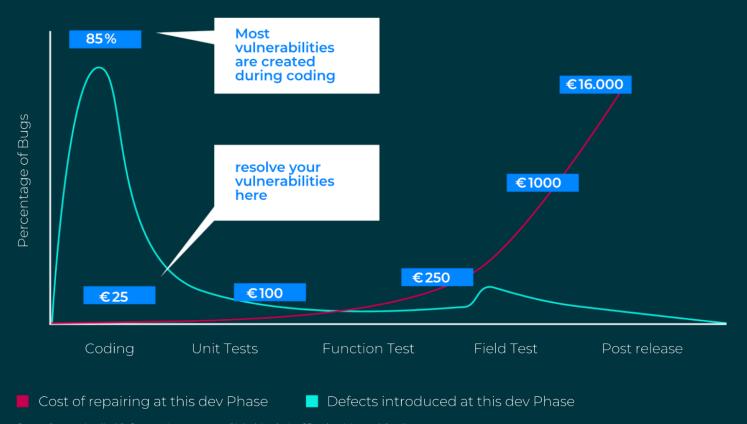




No time for comprehensive reviews that halt deployment

Security responsibility is shifting towards the developers themselves

# The cost of insecure code



## DNB's Training Program for Secure Coding

Promotional material

Training material





100/100
Licensed users

~250 hours
Used in the platform in Q2

~80%
became more confident in their ability to identify and fix vulnerabilities

5.6/6

Average rating of bootcamps

5.4/6

Average rating of tournaments

5.1/6

Average rating of certification program

"Thanks for hosting. Very fun way to learn."

«I participated in the last tournament and very much interested to improve my secure coding skills.»

"Awesome initiative!"

"Thank you for this! I am looking forward to practice with the tool"

"I very much appreciate the opportunities to attend the workshops like this, learning from security experts. I'm a developer and security is not my expertise, but I'm very interested to learn more."

«Really enjoyed it and looking forward to the next one, great job!»

«Eye opening how much i have to learn! Look forward to further levels. One more point is that the platform is excellent in providing you knowledge and letting you see and test "real" world examples»

## DNB's Training Program for Secure Coding

Promotional material

Training material





# Most important lessons learned



It needs to be relevant



It needs to be communicated



It needs to be interactive

## Relevance

■ What the developers learn needs to be directly applicable to their day-to-day work.

### Why

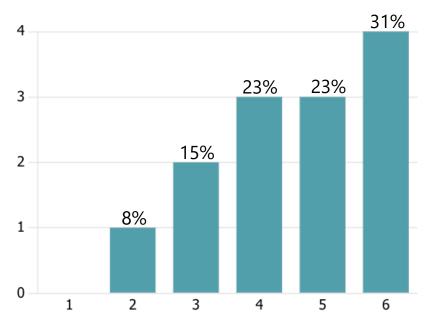
 Different programming languages and frameworks have different vulnerabilities that are more prevalent, and different ways of fixing them.

#### What to do

- Start from industry best practice (such as OWASP Top 10)
- Tailor to your specific company
  - Ask your developers!
  - Use statistics from your SAST/vulnerability scanning tools. Are there any specific vulnerabilities that occur more often?
  - Triage and prioritize you will not be able to create something that perfectly suits everyone.

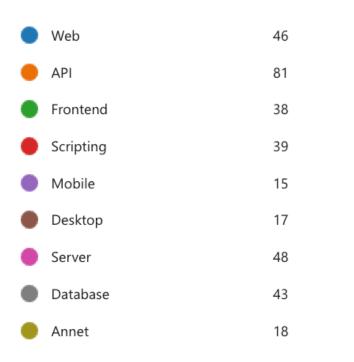


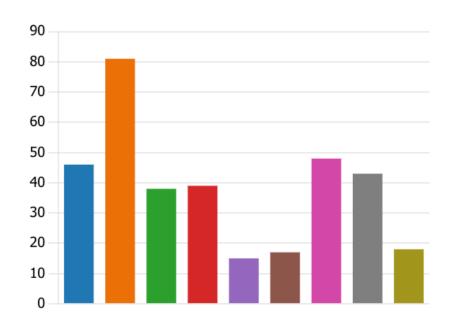
# "How would you rate the relevance of the challenges to your day-to-day work?"



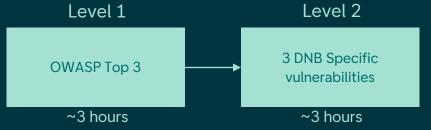
- "A lot of exercises are focused on a web application (frontend). For people that work with just the backend (for example, development of APIs), some exercises are not so relevant. If possible somehow, it would be good to have the possibility to choose, for example, Java Spring (backend)."
- "Great platform especially those developing modern web apps / apis etc. Appears to not offer that much to people working on legacy applications eg WinForms desktop apps. However, for up skilling people very good»
- "It would be great if we can include Typescript and javascript in the future"
- "Add Node.js:)"

# What kind of development work do you do?



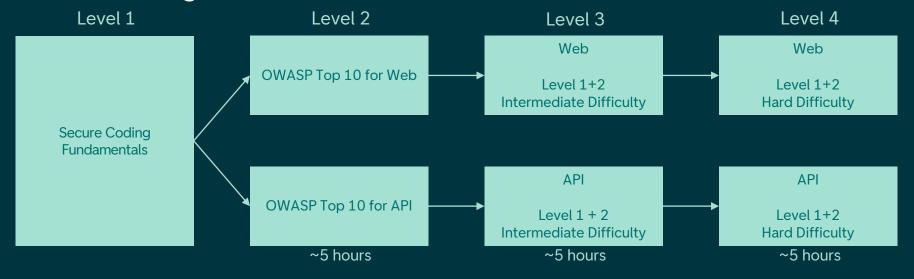


## **Secure Coding Fundamentals**





## **Secure Coding Advanced**



## Communication

When was the last time you opened LinkedIn Learning? Was it because someone asked you to?

#### Why

Developers will not check for new material unless they are told to

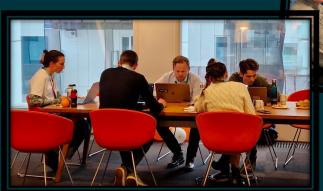
#### What to do

- Create a community for discussions and announcements
- Hold regular events to create FOMO
  - E.g. Tournaments, CTFs, «Lunch and learn», Workshops or Bootcamps
  - Reward (/bribe) participants with snacks, swag, or similar
- Try to get support from key personell to help spread the word (e.g. Security Champions, CISO, Managers)



# Tournaments





DNB

# Interactivity

Coding is as much in the hands as it is in the brain.

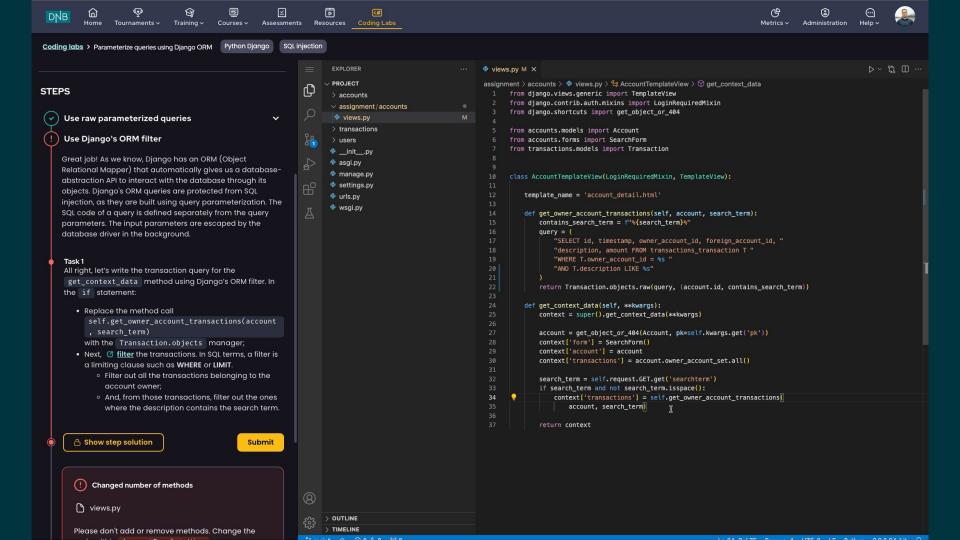
#### Why

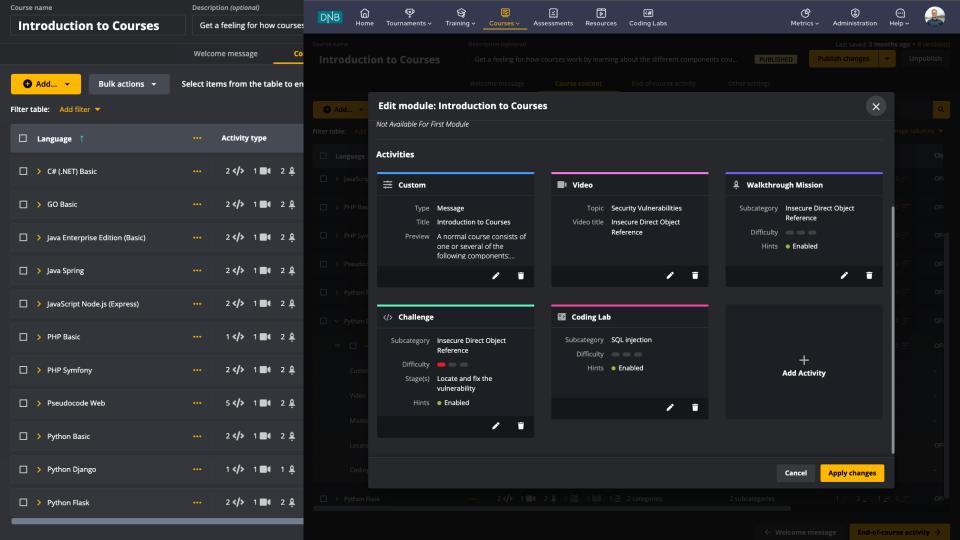
 Interactive training is both more engaging and more effective than traditional «classroom» setups

#### What to do

- Open Source lab/application (e.g. OWASP Juice Shop)
  - Pros: Easy to get started, good variety of challenges, cheap
  - Cons: Less focus on reading and writing code, more on exploiting
- Custom lab/application
  - Pros: Tailored to your business
  - Cons: Requires alot of time and expertise to set up
- Vendor-created learning platform
  - Pros: Support for multiple languages, fast to create new material
  - Cons: Cost





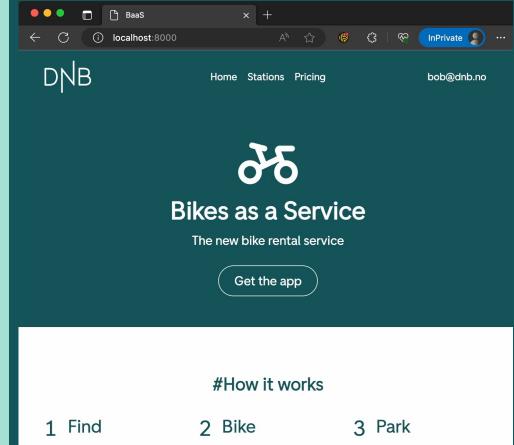


#### The Case:

DNB has purchased a startup that offers easy-to-use bike rental across Oslo.

Your task is to review the security of their Web Portal. Using your knowledge of OWASP Top 10, can you find any vulnerabilities?

- Find a way to see the information of another user (Hint: <u>A01 Broken Access Control</u>)
- 2. Using the trick from task 1, can you find any users of particular interest?
- 3. Log in on the account you found in task 2 (Hint: A07 Identification and Authentication Failures)
- 4. You got access! But now what? Can you find anything new you have access to?
- Give yourself a free lifetime subscription to the bike rental service



Use the app to find a bike near you.

Use the app to unlock a bike, and ride for up to one hour.

Park the bike in one of our 19 stations.
Check the app for confirmation.

## Try it yourself:

https://github.com/bjornarfl/Secure-Coding-SF2023



Thank you for listening!